

2010 MV Track & Field Schedule – Possible Invitationals

To compete in these meets you must be invited by your Event Coach,
and entered by Coach Payne

| <u>Name</u> | <u>Location</u> | <u>Day</u> | <u>Date</u> |
|-------------------------|----------------------------|---------------|-----------------|
| Bell Invite | Bellarmino HS (San Jose) | Saturday | February 27 |
| Mt. Pleasant Relays | Mt. Pleasant HS (San Jose) | Saturday | March 6 |
| Willow Glen Invite | Willow Glen HS (San Jose) | Saturday | March 6 |
| K-Bell Invite | Los Gatos HS | Saturday | March 13 |
| West Valley Invite | West Valley CC (Saratoga) | Fri-Saturday | March 19-20 |
| St. Francis Invite | St. Francis HS (Mtn. View) | Saturday | March 20 |
| Stanford Invite | Stanford University | Fri-Saturday | March 26-27 |
| Wilcox Invite | Wilcox HS (Santa Clara) | Saturday | March 27 |
| F/S Top-8 Invite | Los Gatos HS | Friday | April 2 |
| Avis Kelly Invite | Gilroy HS | Saturday | April 3 |
| [SPRING BREAK | Fri-Sunday | April 9-18] | |
| Arcadia Invite | Arcadia HS (Arcadia, CA) | Fri-Saturday | April 9-10 |
| Quicksilver Classic | Leland HS (San Jose) | Saturday | April 10 |
| Mt. SAC Relays | Mt. SAC (Walnut, CA) | Fri-Saturday | April 16-17 |
| Serra Invite | Serra HS (San Mateo) | Saturday | April 17 |
| Hamp. Phillips | Mt. Pleasant HS (San Jose) | Saturday | April 17 |
| CCS Top-8 Invite | Los Gatos HS | Friday | April 23 |

2010 CCS AT-LARGE ENTRY STANDARDS

| Boys: | | | | | | | |
|--------|---------|-------|----------|-------|------------|----------|------------|
| 100 | 11.17 | 1600 | 4:25.96 | 400R | 43.59 | HJ | 6' 02.5" |
| 200 | 22.62 | 3200 | 9:39.79 | 1600R | 3:28.45 | PV | 13' 08.5" |
| 400 | 50.49 | 110HH | 15.34 | LJ | 21' 05.5" | Shot Put | 49' 7.75" |
| 800 | 1:58.13 | 300IH | 40.60 | TJ | 43' 07.75" | Discus | 143' 11.5" |
| Girls: | | | | | | | |
| 100 | 12.54 | 1600 | 5:17.79 | 400R | 50.16 | HJ | 5' 0.5" |
| 200 | 25.73 | 3200 | 11:36.68 | 1600R | 4:04.79 | PV | 9' 2" |
| 400 | 58.86 | 110HH | 15.54 | LJ | 16' 06.5" | Shot Put | 35' 7.25" |
| 800 | 2:20.00 | 300LH | 46.74 | TJ | 35' 01.5" | Discus | 109' 5" |